

# HALTERWORTH HARRIERS

## Minutes of Annual General Meeting

**Held on:** Sunday 31 January 2010 at 7:45pm

**at:** Woodley Village Hall, Romsey

**Attendees:** Dave & Simone Arnott  
Judy Cutbill  
Andy Smales  
Jon & Liz Tilt  
Tony Kendrick  
Ann Bartholomew  
Pete & Frances Haig  
Chris Lane  
Michael Tanner  
Jon Vamplew  
Eleanor Wilde  
Martin Rosell  
Nala McRobert

Dave & Sara Kenyon  
Rachel Shimell  
Jane Heyer  
Sara Somerville-Barnes  
Abi Bartholomew  
Thelma Dowling  
Sanjay Jogai  
Pete Elliot  
Peter Finch  
Debbie Sims  
Mark Sills  
Dave Page

Dave Arnott, on behalf of the committee, welcomed everyone to the AGM.

### **Treasurer's Report:** (*Liz Tilt*)

Liz gave us the figures for the last year:

End of 2008:	£743
End of 2009:	£903
<i>(thereby generating surplus of:</i>	<i>£160)</i>

She talked us through the expenses as follows:

Registration fees	£ 340
Equipment (banner, photoboard, etc.)	£ 235
Kit (new running shirts)	£ 644
Race Entries (Test Way & CC6)	£ 34
Website	£ 30
Football match v. RRR (pitch hire)	£ 43
Engraving of trophies	£ 12
Hall Hire (for AGM)	£ 11
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<b>Total</b>	<b>£1349</b>

There was some income generated through the year as follows:

Membership fees	£ 810
Sale of running shirts	£ 410
Refund for coaching courses	£ 210
(it was noted that full fees were reimbursed instead of half as initially thought)	
Advertising on our website	£ 25
Hash Run & BBQ	£ 23

**Membership Report:** *(Frances Haig)*

Frances informed the meeting that there are currently 58 members in the club (47 in 2008, 60 in 2009 so it shows there is a core group that is maintaining membership). The increased membership means the club now gets 2 places allocated each year in the London Marathon.

The fees will remain at £15 per annum, £5 of which goes to England Athletics who are the club insurers. By March everyone will be registered with EA and will have a login where details can be altered, discount obtained, etc.

**PR Report:** *(Rachel Shimell)*

Rachel presented a powerpoint presentation of some of the press releases during the year. She ended her report by thanking everyone for their contributions in writing up race reports and submitting photos.

**Kit Report:** *(Peter Haig)*

Peter has purchased a Halterworth Harriers banner which has been put to use several times over the past year. Also, new running shirts and vests were obtained (he still has some for sale should anyone require one). He mooted the suggestion that the club buys a 3m x 3m gazebo in maroon (with walls) for use at races and social events – cost £95.

**Website Report:** *(Jon Tilt)*

Jon talked about how the club can move forward with the latest technology advances. At the moment, there is the Halterworth Harriers web page, the CC6 page (where Jon posts up the results) and 3 Google groups – a basic one, a social group and a committee group. There is 100mb storage area in each of these groups (which covers about 100 photos). It has been noted that the volume of emails has increased to almost 3000 last year (90% spread over 10 people!). This huge volume is causing a problem with some members and Jon has received complaints. He reminded members to only send messages if necessary and to rather use the social group for non-running matters. It was also suggested that members should only reply to the sender, to help cut down the volume. Also, another suggestion was that subject headings be changed accordingly as often they are not relevant to the actual content of the message. To help alleviate this problem, Jon would like to see the club moving away from emails, and he gave several alternatives that could maybe help communications run smoother. Flickr (which stores photos), Facebook (where groups can be set up and used for general banter, run events etc.), Twitter (which could be used for text messaging), Blogs (these could be useful as people interested can then access if they

wish and are not getting bombarded with lots of unwanted messages), Google Apps (i.e. calendars – could be useful for run dates and docs could be used for minutes and suchlike). A member suggested using Forums but Jon was not so keen as they get spammed continuously. Anyway, he gave the meeting a lot of food for thought.

The internet has been a very important tool in the club from an advertising and informative point of view. It's the first contact for most new members and the homepage had over a 1000 hits in 2009, thus it is an important presence for the club to have so is well worth keeping up to date. Members were reminded to please pass any relevant information to Jon to put on the website.

**Medical Talk in March:** *(Tony Kendrick)*

Tony has arranged for a talk to be given to the club on Thursday 11 March by two local doctors – one an expert in muscle and bone matters and the other is trained in sports medicine. This will be held at his Aldermoor base near Southampton General. Dr Warner, the sports doctor, would like to know if there are any specific problems amongst any members beforehand to be used as useful subject matter on the night (obviously it would remain confidential).

**Coaches Report:** *(Dave Kenyon & Dave Arnott)*

Both the Daves qualified as Level 2 coaches in May 2009 which was fully funded by Sport Hampshire. Dave K briefly informed members as to the content of their course which was held over 2 days and covered endurance training amongst other things, before culminating in a final assessment. Jon Tilt qualified as a Level 3 coach – he is not the Harriers coach but is very happy to give members advice if need be.

There was good attendance at the summer track sessions held at Mountbatten School and these continued well into September. The winter sessions have moved to the Abbey Industrial Estate which is a far more suitable venue as it is well lit, traffic free and has a good surface.

Dave K pointed out that there is only 1 formal training session a week – should there be more? The Daves would appreciate any feedback on this. A suggestion was made that maybe coaching could be extended to Saturday/Sunday especially for marathon runners. This then led on to whether two runs should be scheduled for Saturday – one for the academy and one for faster runners, as new runners could get put off by the current fast pace. Several suggestions were mooted and the committee will have to look into this further taking into account the various ideas put forward. The Saturday run has always been the 'core' run of the club so it would be a shame to lose it. The 'hills' session on Friday evening is good in that it does incorporate various abilities. The recent night time 'social' run using head torches proved very popular and members would like to see this becoming a regular event!

The two Daves were thanked by Jon Tilt, on behalf of the club, for their efforts over the year.

**Social Report:** *(Judy Cutbill & Jane Heyer)*

In March 2009, there was a meal held at the Mandarin Chef. To also incorporate the families, an enjoyable orienteering event run in May by Southampton Orienteering Club was attended by 19 members and children. In September, there was the Hash & BBQ held at Montfort Hall which was well attended – Dave & Simone laid the Hash trail during which the famous “Finch” race was run! The annual football clash between the harriers and Romsey Road Runners took place in October culminating in a very exciting win for the home team, followed by lovely cakes and refreshments provided by members! A Skittles night was held at the Mills Arm in Dunbridge in November. This coming Saturday, an Indian meal is booked in Romsey for 35 members. Judy and Jane would like some feedback from members with any good ideas for social activities with or without kids. One suggestion made is whether a coach could be organised for the London Marathon as 9 runners are participating and their families are all keen to go up to support too.

**Fixtures Report:** *(Sara Kenyon)*

Sara commented on how nice it is to see so many new members entering races. If anyone knows of new or exciting races coming up, please can they let Sara know. Apparently there is a new local 10km race to be held at Broadlands on 19 September.

**New Committee:**

Ian Lochray and Liz Tilt are standing down from their committee posts – Dave Arnott thanked Liz for all her hard work over the past 5 years and he commented on how impeccably she has kept the accounts during this time. Eleanor Wilde has volunteered to take over the treasurer’s role – proposed by Dave Arnott, seconded by Dave Kenyon. A new position of “Events Organiser” has been set up which will incorporate setting up weekly runs and involvement with the CC6 and Test Way Relay planning. Tony Kendrick was proposed by Dave Arnott for this position, seconded by Debbie Sims. Dave Arnott is happy to stand as Secretary for the club – proposed by Jon Tilt, seconded by Debbie Sims. The rest of the committee are all still happy to stand.

**Awards:**

The two Daves nominate this award. With 13 members participating in marathons this year, it shows the vast improvement in the club with particular improvement being noted in Mark Sills and Jane Heyer. For his achievement in running over the year, gaining several PBs along the way and losing a few stone in weight, the award was made to:

Most Improved Athlete:                      Tony Kendrick

Thanks were made to Jon Tilt for setting up the voting on the website for Club Person of the Year and then co-ordinating it. There is no real criteria for this award but it is where members can decide who they think has contributed most to the club. Jon noted that the common theme on the people selected was their helpfulness toward others and their dynamism.

The person chosen for the award took the club through a difficult period without being asked or expected to do so.

Club Person of the Year:        Dave Arnott

AGM ended 9:40pm

*Simone Arnott  
7th February 2010*