



Halterworth Harriers

5th Annual General Meeting

20th January 2008

Woodley Village Hall

Romsey

Present: Martin Rosell, Jon & Liz Tilt, Dave & Simone Arnott, Ian Lochray, Judy Cutbill, Flo Garland, Debbie Sims, Jenny Baverstock-Poppy, Rachel Shimell, Jane Heyer, Sara & Dave Kenyon, Frances & Peter Haig, David & Ruth Page, Frances Ter Haar, Barrie Roberts, Thelma Dowling, Jeannette Parker

Apologies: Elspeth & John Kaputin, Steve Saunders, Mark Fower, Peter & Robert Finch, Sam Donald, Lisa Hendy, Jane Vennik, Phil Budden, Stacey Penn, Andy Smale, Paul Garland

Last year's AGM's minutes were unanimously approved.

President's Address:

Martin looked back on the past year's action which included good participation in the usual annual events like the Romsey 5, Stockbridge Run, Marwell 10k, Braishfield 5, Clarendon Way, Test Way Relay, Great South Run, the Grim and the CC6s. A special mention goes to Elspeth Kaputin who was the club's entrant in the London Marathon this year. Peter Haig participated in the epic Marathon des Sables across the Sahara. This was a truly fantastic feat and he certainly did the club and himself very proud. In the summer our coach, Jon Tilt, won two golds and silver medal at the World Masters held in Italy – again, an incredible achievement on his part and a just reward for all his hard work in preparation.

Other runs participated in this last year were the new Hursley 10k run which was held through lovely countryside, the New Forest 10m where Jack Lochray sprinted in to win the children's run, the Lymington 10k which goes along the beach but unfortunately on a very rainy day in May (run by Simone Arnott), the Crewkerne 9 in Somerset undertaken nobly by Debbie Sims, the Silverstone 10m run by Martin Rosell, the Ropley 10k run by Peter Haig and Simone Arnott and the Race for Life run by several members.

The growth of the club continues to increase and membership now stands at 50.

We diversified from running one Sunday in September to hold the first football match v Romsey Road Runners. This was a very sociable afternoon only marred by the unfortunate incident of Guy Poppy snapping his Achilles tendon. In a highly competitive game, Halterworth Harriers were the victors but the whole afternoon was thoroughly enjoyed by winners and losers alike. The first of many such events between the two local running clubs we hope.

The third “training” camp held at Truleigh Hill YHA in May 2007 was again a success and a very enjoyable weekend! The wine tasting organised by the Baverstock-Poppies went down particularly well. We even had a local shepherd who organised a demonstration of his sheepdog rounding up a flock of sheep (us included) – this was particularly enjoyed by the younger members.

Looking ahead, we have our ‘Christmas’ dinner coming up at the Mandarin Chef on 24 January. The Ridgeway YHA weekend will be held in May – Judy Cutbill is kindly organising. Our social secretaries, Jenny Baverstock-Poppy and Flo Garland, are co-ordinating a ‘Summer’ ball later in the year.

Club entrants in the London Marathon for 2008 are Jane Vennik and Dave Kenyon. Peter Haig and Martin Rosell will also be taking part in it. Ian Lochray and Dave Arnott will be doing the Edinburgh Marathon in May. We wish them all good luck.

Treasurer’s Report:

Expenditure:	£749
Income:	£798
Surplus:	£48

Dave Arnott and Liz Tilt presented this report. There will be an increase in the annual subs this year to £15 as England Athletics are putting up their subs from £3 to £5 plus £50 per club still. We have had approximately £500 to £600 worth of coaching thanks to Hampshire County Council – this has been a very big plus for the club and much appreciated. It will be good to get a bit of extra money in the bank to cover any eventualities and to also purchase extra coaching equipment due to the large turnouts we are getting at training sessions. The £100 worth of vouchers for Just Run (won in an England Athletics raffle) will be raffled amongst all those who get their membership fees in by end January. Dave Arnott extended thanks to Liz Tilt for all her hard graft during the year.

Budget approved unanimously.

Secretary's Address:

Presented by Jon Tilt.

The minutes from last year's AGM were unanimously approved. Jon thanked the committee for all their efforts and commitment during the year.

President:	Martin Rosell
Secretary:	Jon Tilt
Treasurer:	Dave Arnott/Liz Tilt
Membership:	Elspeth Kaputin
Fixtures:	Ian Lochray
Press:	Rachel Shimell
Social:	Jenny Baverstock-Poppy/Flo Garland
Kit:	Lisa Hendy
General:	Jane Heyer

The committee will stay mostly the same for this year but as Elspeth Kaputin will be leaving shortly for Australia, Frances Haig has kindly agreed to take on the Membership Secretary's role. Martin asked it to be mentioned that this is the last year he will be standing as President.

It was pointed out by a member that we may need to look into the aspect of having a child welfare representative at the club due to the many children that take part in our training sessions. Mark Fower, who is an experienced CWO and who also currently works with kids in a local football team, has agreed to take on this role. He will check with UK Athletics on what they actually require and come back with a proposal.

Coach's Report:

Jon Tilt	-	almost completed Level 3 of course
Dave Arnott	-	Level 1
Dave Kenyon)		Fitness in running and walking (equivalent to
Jon Vamplew)		Level 1)
Robert Finch	-	Children in Athletics and Time Keeping

Jon Tilt made special thanks to Dave Kenyon as he has put in a lot of work and preparation into the Tuesday evening sessions both in the summer and winter. The coaching is paying off as, on the whole, club members are certainly improving in their techniques and times. Many thanks go to Liz Tilt for her stretch of the day and to Jane Heyer for her cool down exercises after the Tuesday sessions.

The main club sessions are:

Dave Kenyon's tempo session on Tuesday evenings (the summer track held at Mountbatten School is due to re-start in April)

School Run at 8:45 on Friday mornings

Hills at 6:30 on Friday evenings

Club Run at 7.30 on Saturday mornings

In between these sessions, various members organise runs amongst themselves.

Jon was given a tip recently which he wanted to share with us and that is to "plan backwards" – set your target and then work backwards with your training schedule.

AOB:

Dave Arnott, on behalf of the club, extended special thanks to Jon Tilt for getting the club started 5 years ago and for all his hard work and input that has made the Halterworth Harriers into the thriving club it is now. Thanks also go to Rachel Shimell for ensuring that during the year Halterworth Harriers got lots of press coverage in the local Romsey Advertiser.

Awards:

Club Person of the Year: Ian Lochray

Most Improved Runner: Elspeth Kaputin

There were lots of contenders for Club Person of the Year but Ian Lochray won the award for his commendable input into the club since he joined it especially in organising club fixtures, ensuring that members know when and where they are meant to be and, most important, always with a smile on his face! Elspeth Kaputin was awarded Most Improved Runner for participating in the London Marathon – she took the training programme by the teeth and really put so much effort and determination into months of hard slog despite being a very busy working Mum.

Meeting concluded.

*Simone Arnott
23rd January 2008*