

Halterworth Harriers
3rd annual General Meeting
19 March 2006
Woodley Village Hall



Present : Jon Tilt, Martin Rosell, Liz tilt, Alex Shimell, David Page, Jane Heyer, Debbie Sims, Simone Arnott, Judy Cutbill, Rachel Shimell, Paul Garland, Jenny Baverstock-Poppy, Phil Budden, Peter Finch, Elspeth Kaputin, Stacey Penn, Peter Haig.

Apologies: Ruth Page, Sara and David Kenyon, Barbara and Jim Allen, Tristan, Glyn Turk

President's Address

Martin looked back on the year's activity, which included good representation at the CC6s, the Romsey 5, Great South Run, Amsterdam Marathon, Clarendon Way, Test Way and Marwell 10k, to name just some of the races attended. The feeling was that the Harriers had been well and truly 'put on the map' and that we were beginning to be recognised by other clubs.

A training camp was organised in May – with running, a hash and evening entertainment. Track sessions for all levels took place at Mountbatten's track from April through to September. And the club celebrated as its 'elite athletes' gained Silver and Bronze in the British Masters outdoors and at the BM Indoors Jon Tilt came home with a Gold Medal, Judy a Bronze.

A Relay team was brought together for the Clarendon Way, with competitors for half Marathons and a Marathon.

It was the club's first season with the CC6 series, gaining 6th and 7th positions, the men beating the Romsey Roadrunners and 3 men gaining places in the top 25. The club put up a number of marshals with Southampton for the Ampfield race.

Martin looked to the future, with more of the same sort of activity, another training camp, the World Masters and London, Edinburgh, Amsterdam and Prague Marathons to look forward to. The competitor for the London Marathon would this year be chosen by open ballot.

From the Coach

Minutes of the 2005 AGM – were agreed.

Election of the Committee – all voted back as previous year (President – Martin Rosell, Treasurer- Liz Tilt, Honorary Secretary - Jon Tilt, Membership Secretary – Elspeth).

Constitution – Jon thanked David Kenyon for his comments and explained that the original constitution had now been adjusted to reflect the way the Harriers carries out its activities. The amended constitution was agreed and formally adopted and was available through the website.

Training – Jon explained that he had undertaken Training for Level 2 coaching and would be qualified to Level 2 standard by the time the track sessions resumed in April. He also explained that he intended to continue his training to Level 3 standard, which would take 18 months – 2 years to achieve, spanning two accounting years. Part of this year's training had included attending a Training For Success conference about training young people as elite athletes.

Review of the Season – Jon reported he was delighted with results and attendance at all sessions. Sessions included track evenings through the summer, weekend runs for all levels of ability, and lots of weekday runs. The email group was working well as a tool for bringing people together for runs. (something about RR10s – not quite got the gist of this)

New Equipment – Jon explained that he had invested in some new equipment for the club, including SAQ speed ladder, cones, bleep test and medicine balls.

Looking to the future – Jon was keen to develop work on speed and tactics, style and technique, distance and core fitness and the first track session was to be around 18th April between 6 and 7pm. Jon agreed to devise some suggestions of exercises that could be done to help with core fitness.

(Action: JT) Closed

Treasurer's Report

2005 Income

Item	Amount
Carry from 2004	£162
Members subs (27)	£300
Profit from kit sales	£200
Total	£662

2005 Expenditure

Item	Amount
Hants AA & SEAAA	£85
Website	£70
Coaching costs	£150
Race entries	£28
Entertainment (Arundel, BBQ, Hall hire)	£68
Total	£401

2006 Overview

Item	Income	Expenditure
Carry from 2005	£255	
Members subs (29)	£348	
Coaching budget		£150
Hants AA & SEAAA		£85
Website		£70
Race entries		£30
Totals	£613	£335

2006 plans

- Propose training budget of £150
 - To cover training kit, coaching education
- First aid kit
- Clothing
 - Fleece tops
 - Marshall's bibs
 - Kit representative

Future expenditure – It was agreed that there should be an additional training budget of £150 to allow Jon to be trained in areas that would benefit the Club. It was also agreed that the club would invest in fleeces and other kit in HH colours. The Committee agreed to investigate suppliers.

(Action: Committee) Open – Need Kit owner for club

AOB

Young Harriers – A proposal was put to the club regarding young people and this was accepted. This was to allow juniors to become club members and to run in HH club colours. To train with adults (but must train AS adults with no special concessions). Mark Fower's offer of giving advice on child protection was greatly welcomed. Robert Finch to be first member with perhaps Sophie Shimell and Ollie Cutbill following suit. It was important that numbers be contained and

that if too many juniors started to join in, the situation would need to be reassessed. No particular bottom age would be set.

The question was raised as to whether a young harrier should be accompanied by a parent. Common sense would need to prevail, but it was agreed that someone with a CRB certificate would need to be present (Is this so, what happens if Peter or Jenny weren't around?) Peter Haig, Jenny Baverstock-Poppy both have one.

Jon agreed to talk to Mark regarding the decision.

(Action: JT) Closed

Family Membership – Club membership is currently £12 for individuals. A family membership of £30 was to be introduced in 2007 and for this year juniors would pay £6 each.

Arundel – A champagne tasting hosted by Jenny and Guy was agreed for this year's evening entertainment. Jenny explained that more champagne would need to be bought and it was agreed that a price of £5 per head be set, with a maximum of 30 people taking part. Dave Arnott agreed to organise a hash once more and there would be runs organised for Saturday and Sunday mornings. All were advised to bring instruments and song book. Martin agreed to contact the Black Rabbit pub.

(Action: Jenny and Martin) Closed

Membership cards – were issued. These could be used in shops to gain club discounts.

Trophies – Judy was voted Club Person of the year 2005 and the Coach's Award for Most Improved Harrier was given to Peter Haig. A Special Award went to Simone.

Liz took photographs of the assembled crowd and thanks were given to the committee for all their hard work.

Thank you to Rachel and Jane for handling the minutes.